Shedden WI members tour starch plant

he Shedden Women's Institute rned more about starch and its oduction during their June meets, when they visited the Canada irch Company (CASCO) located in st London.

bout 25 members and friends of the edden WI visited the plant. Matw Botden, a purchaser at the int, welcomed the group and gave interetsing outline of the work

ne at the plant.

Ir. Botden buys all the corn used in plant which amounts to more than 000 bushels each day, this amount grain would require from 200 to 250

res per day to produce.

here are three plants in the CASCO ain in Ontario. Besides the one in ndon, there is a plant in Cardinal, d one in Port Colbourne. The plant a wet-mill so there is very little

fter the corn is washed it is soaked water for 40 hours, dried and then lit into components - Hull, gern and uten. The corn is then processed o food products such as cooking oil, rn starch, corn syrup, glucose, ictose, peanut butter and salad essing, to name a few.

he raw starch is used for whitening per, filler for baking products, iking paste, and other uses. Parts the grain is also used in manufac-

ing animals foods.

Ir. Botden explained the intricate ocess using slides and charts and id that the plant is fully automated d computerized working seven ys a week, 24 hours a day, with a ee day shutdown at Christmas and short time off in the summer for aning and repairs. There are four ews of 14 persons each who operate e plant. Altogether the plant embys about 100 people.

he plant is the largest user of engy, gas and electricity in the city, d the second largest user of water, following the University of Western Ontario which is the highest user of water.

There are at least 75 huge trucks in and out every day as well as some rail service. Following the talk the group was divided into three groups and en-

joyed a tour of the facilities.

Jean Palmer and Barb Botden were the committee planning the program and served delicious refreshments, assisted by Maxine Silcox and Pat Palmer, Following the tour Brenda Silcox presided for a short meeting assisted by Connie Silcox.

The caption for the meeting on International Affairs was There is Only One Race - Humanity. The roll call was answered by naming the dignitary from another country who you would like to be our guest at Shedden WI. Margaret Thatcher was the most popular, with the Royal family and Mrs. George Bush also mentioned.

A notice from the OMAF office mentioned that the office will be moved to their new quarters on County Road 45, just east of Highway 4, after July 4. Reports were given. The 4H Club on Landscaping has put their education to use and has landscaped the grounds of Bethany United Church. Two new families have been welcomed into the village so far this spring with several more to come.

Mrs. Dora McArthur will have the Tweedsmuir History photocopied to be placed in the library, to be used in

the library only.

Elgin Manor's 25th anniversary is being celebrated during the week of July 9 to July 15, with a family picnic on July 9, Auxiliary Day on July 11, and a beef and pork barbecue on July 15 from 4:30 p.m. with Johnny Stevens as entertainer.

Mrs. Palmer told members that the Rally for Elgin County WI will be held at Southwold School at 7:30 p.m. on Oct. 17, preceded by dessert and each branch supplying a 5-minute program. The Farm Safety Poster awards will be presented Nov. 4 at the museum.

Members volunteered to staff the Elgin Manor Tuck Shop on July 10 and Sept. 11, and to work at the Daffodil Tea, which is being held on Sept. 7 from 9 a.m. to noon and 1 p.m. to 4 p.m. in the hall at Lawrence, with Kensington Club as hostess.

Shedden Fair is being held Aug. 25, 26, and 27 and the WI will operate the booth in cooperation with Bet United Church. A planning me will be held in the home of Kay C berlain on July 10 at 7:30 p.m.

There will be no meetings d July and August and the Septe meeting will be held on Sept. 27. Dorothy McLaughlin, Maxine S and Brenda Silcox in charge. will be a tour of the Glass Mena in the Shedden Hall starting at 7 with a meeting afterward at Bei United CHurch.

Shedden W.I. visits Starch Co.

Twenty-five members and friends of the Shedden Women's Institute visited the Canada Starch Company (CASCO), located in east London, for their June meet-Matthew Botden welcomed the group and gave an interesting outline of the work done at the plant. Mr. Botden buys all the corn used in the plant which amounts to over 30,000 bushels each day, this amount of grain would require from 200 to 250 acres per day to produce.

There are three plants in the CASCO chain in Ontario, besides the one in London there is a plant in Cardinal and one in Port Colbourne. The plant is a wet mill so there is very little dust. After the corn is washed it is soaked in water for 40 hours, dried and then split into components hull, germ and gluten. The corn is then processed into food products such as cooking oil, corn starch, corn syrup, glucose, fructose, peanut butter, salad dressing, to name a few. The raw starch is used for whitening paper, filler for baking products, making paste, etc. Part of the grain is also used in manufacturing animal foods.

Mr. Botden explained the intricate process, using slides and charts and said that the plant is fully automated and computerized, working 7 days a week, 24 hours a day, with a 3-day shut-down at Christmas and a short time off in the summer for cleaning and repairs. There are four crews of

14 persons each and these persons operate the plant. All together the plant employs about 100 persons. The plant is the largest use of energy, gas and electricity in the city and the second largest user of water, with University of Western Ontario being the biggest user. There are at least 75 huge trucks in and out every day as well as some rail service.

Following the talk the visitors were divided into three groups and enjoyed a tour of the facilities.

Jean Palmer and Barb Botden were the committee planning the program, and served delicious refreshments, assisted by Maxine Silcox and Pat Palmer. After the tour Brenda Silcox presided for a short meeting, assisted by Connie Silcox.

The caption for the meeting on International Affairs was "There is only one race - Humanity." The roll call was answered by naming the dignitary from another country who you would like to be guest at Shedden W.I. Margaret Thatcher was the most popular with the Royal family and Mrs. George Bush also mentioned.

A notice from the O.M.A.F. Office mentioned that the office will be moved to their new quarters on County Road 45, just east of Highway NO. 4, after July 4th. Reports were given. The 4-H Club on Landscaping has put their education to use and has landscaped the grounds of Bethany United

Church. Two new families have been welcomed into the village so far this spring with several more to come. Dora McArthur will have the Tweedsmuir History photocopied to be placed in the library, to be used in the library only.

Elgin Manor 25th Anniversary is being celebrated during the week of July 9th to 15th, with a family day picnic on July 9th, Auxiliary Day is July 11th and a Beef and Pork Barbeque will be held on July 15th from 4:30 p.m. with Johnnie Stevens as entertainer.

Jean Palmer said that the Rally for Elgin County W.I. will be held at Southwold Elementary school at 7:30 p.m., October 17th, preceded by dessert and each branch supplying a 5-minute program. The Farm Safety Poster awards will be presented November 4th at the Museum. Members volunteered to staff Elgin Manor Tuck Shop, July 10th and September 11th, and to work at the Daffodil Tea, which is being held on September 7th from 9 - 12 and 1 -4 in the Hall at Lawrence, with Kensington Club as hostess. Shedden Fair is being held August 25th, 26th, 27th and the W.I. will operate the booth in co-operation with Bethany United Church, a planning meeting will be held in the home of Kay Chamberlain on July 10th at 7:30 p.m.

There will be no meetings during July and August and the September meeting will be held on the 27th, with Dorothy McLaughlin, Maxine Silcox and Brenda Silcox in charge. There will be a tour of the Glass Menagerie in the Shedden Mall starting at 7 p.m. with a meeting afterwards at Bethany United Church.

Area Women's Institutes held Tweedsmuir Curator's workshop

The annual Curator's Workshop was held on Tuesday, August 8th at Straffordville in Bayham Township Hall.

Elgin East District acted as hostess, looking after registrations and serving muffins and drinks in the morning.

Mrs. Jean Ratcliffe, president of London Area Curators. welcomed the ladies and Miss Catherine McDowell called all to order by blowing a horn and gave a description of its use in pioneer days.

Meeting opened with the Ode. Mary Stewart Collect

and the Queen.

Greetings were brought by the London Area President, Mrs. Laurine McIntosh, who announced the 75th anniversary of London Area Convention to be held at Embro Community Centre, on October 12th, 1989; the Provincial Board Director Mrs. Betty Walther: the Elgin East District President, Mrs. Pauline Lindsay and the Host Branch president from Eden, Mrs. Irene Anderson.

The secretary, Gertrude Sloan, read last year's minutes and gave the treasurer's report.

Roll call showed an attendance of eighty-eight.

Next year's Workshop will be held in Middlesex East at Thorndale Community Centre on Tuesday, August 14th, 1990

A. I - 4 Williams

- invitation was extended by Mrs. Edwin Mills.

Mrs. Evelyn Hoshal, curator for Elgin East, introduced the morning speaker, Mrs. Pat Zimmer. Director of Aylmer and District Museum. She spoke on "Events to Remember." Be sure to record events. such as parades told by pioneers, use historical material to remember events of the past. She told of many pioneer people and events and showed slides of a lawn social, Empire Day Parade in 1899 and one of Avlmer in World War I time.

Mrs. Zimmer was thanked by Catherine McDowell and presented with a gift of money and a floral arrangement.

The Elgin County Branch of the Ontario Genealogical Society had a display of material and Mrs. Jean Bircham told of its work in St. Thomas and the County. She told of many sources for finding material of family histories.

Jean Ratcliffe thanked the speaker. Institute Grace was sung and all enjoyed their bag lunch with beverage provided. The ladies had an opportunity to examine the House Logs. Tweedsmuir Histories, Agricultural and Genealogical displays.

Afternoon session opened with a sing song led by Mrs. Walther and Mrs. Phoenix.

the afternoon speaker me Kork Basons tracher at East Elgin District High School, and author of local history books. He told of the many sources available for tracing family histories - assessment books, Registry Office, census, telephone directories, old newspaper, library, history books, Elgin County Atlas, Ontario Archives.

Mr. Barons was thanked by Catherine McDowell and presented with a gift of money. Betty Van Patter announced

the annual Community Outreach Seminar to be held at Southwold Public School on February 24th, 1990.

Mrs. E. Hoshal made the draw for 10 prizes for the House Logs - there were 21 on display.

Jean Ratcliffe thanked Evelyn Hoshal and her committee from Elgin East for planning the program for the workshop. Meeting closed with "O Canada".

Elgin women look at environmental issues

The influence of over 20,000 farm and rural women will be felt throughout the province when Women's Institutes across Ontario, including Elgin County, begin doing their part in protecting the environment.

Women and the Environment is this vear's theme for the Federated Women's Institutes of Ontario (FWIO). There are over 1,000 branches in Ontario. In Elgin County there are about 24 branches, divided between the two regions of East and West Elgin.

It is the concern of the Women's Institutes that the condition of the air, water, land, plants, wildlife and natural resources which influence the environment of living things, be safe, productive and enjoyable.

Geraldine Campbell, of Ridgetown, public relations officer for the FWIO, said the environment has been an issue for the organization for the past few years. Last year's theme was areas, but everywhere. Waste Management-Recycling.

"We have involved this type of theme in other years, such as waste management and recycling, and it was such a hit we wanted to do something else that carried along with the same idea." she said.

She said the theme will probably continue over the next few years, because of the problems we are facing in our environment.

Participation of individuals in a responsible environmental way will benefit the future, and will be at-



tained through education, participation, communication, and networkthrough conservation. stewardship and commitment to preserving environmental quality.

Mrs. Campbell said the FWIO wants to stress the environment as a whole, and not just focus on the farm or rural

"We wanted the theme to be more overall, not just the farm, but wherever you happen to be living, whethere it is the farm, village or small town," she said.

The Women's Institutess are acting in their own communities, whether it is planting trees, cleaning the beaches in a Provincial Park or acting as resource people on township councils.

Many of the groups will help with the recycling program in their local communities, joining local groups

helping to stop viable farm land from ing soda and ½ gallon of water. becoming land-fill sites, having displays on recyclable and recycled items, providing speakers, organizing workshops, presenting briefs to local township council and the list goes on.

Mrs. Campbell said Elgin County Women's Institute branches have done many displays during local events on recycling and the environment. She also said she knew of one local branch who had went to its township council meeting to discuss local recycling.

"Each branch is trying to do their part," she said.

The FWIO is working in conjunction with the Recycling Council of Ontario, the Ministry of the Environment and Environment Canada agencies.

One way a Lambton County branch is trying to promote awareness about the environment is by compiling a list of easy-to-prepare household products. This list was made up by the Warwick WI branch, with "ideas that anyone could use." Here are just a few of the suggestions:

ALL PURPOSE CLEANER: 1/2 cup ammonia, 1/2 cup vinegar, 1/4 cup bak-

FURNITURE POLISH: 1 teaspoon lemon oil and 1 pint mineral oil. Apply with a rag.

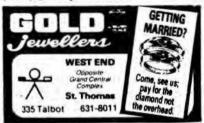
WALL CLEANER: 1/4 cup washing soda, 1/2 cup household ammonia, 1/4 cup vinegar, 1 gallon warm water.

FABRIC SOFTENER: 1/2 to 1 cup vinegar added to the rinse water.

INSECTICIDE: Mist leaves with soapy water.

AIR FRESHENER: Leave an opened box of baking soda or a dish of vinegar in the room.

OTHER HINTS: Add a little vinegar to the dish water to cut grease on dirty dishes. Never Mix chlorine and ammonia, because deadly fumes are produced. Never mix chlorine with vinegar or toilet bowl cleaners. deadly gas is produced.



Shedden W.I. September meeting

Shedden Women's Institute was given a demonstration of stained glass art work at "The Glass Menagerie," located in the Village Square in Shedden.

Mary-Ann Martin, owner, and her friend and co-worker Betty Thompson, explained and demonstrated some of the intricacies of working with stained glass. They do their own designs plus custom work. The glass comes in large sheets already coloured, purchased from a warehouse. The sheets are cut into workable sizes. A pattern is drawn, placed over a glass light and pieces from the various colours cut and ground to smooth edges. Each piece is foil taped around edges and pinned as per pattern. Pieces are then flexed and soldered around edges. Article is turned over and the flex and soldered process repeated. Article is then covered with copper cipatina to give antique appearance, is washed and completed. The piece demonstrated was a humming bird. Mary-Ann and Betty were thanked and presented with gifts. The ladies viewed their work in the showroom.

The business part of the meeting was held at Bethany Church with the president. Brenda Silcox presiding and secretary, Connie Silcox assisting.

Brenda read a poem entitled "Antiques", very appropriate for the Cultural Activities meeting, the motto being "When love and skill work together - expect a masterpiece."

Roll call was answered by "Your favorite piece of glass and its history." Several members displayed pieces which were much admired. Several newsletters were read. Reports were received from several committees. Madeline Parks reported on summer events at Elgin Manor and announced the complimentary thank-you luncheon, for any who have volunteered at the Manor, is October 26th.

Margaret Turner, reporting for the Elgin County Pioneer Museum, told of upcoming trips to Royal Winter Fair and a theatre trip, firm dates to follow. Dora McArthur, Curator of the Tweedsmuir Book

reported on her attendance at the Tweedsmuir Workshop in Straffordville in August. Dora also displayed two volumes of the Tweedsmuir Book which. when completed, will be placed in Shedden Library, Delegates to the London area W.I. convention are Jean Palmer, Lois Oldham, Brenda Silcox, tentative rep. and Pat Palmer. Shedden Branch voting delegate.

A delicious lunch was served over a pleasant visit and much laughter. Barbara Botden thanked the committee Dorothy McLaughlin, convenor: Maxine Silcox and Brenda Silcox for a most enjoyable evening.

Upcoming events include

London Area W.I. 75th Convention at Embro, Thursday, October 12th, Elgin County W.I. Fall Rally at Southwold Public School, Tuesday, October 17th, 7:30 p.m.; Poor Boy's Luncheon at Bethany United Church, sponsored by Bethany U.C.W., Saturday, October 14th, 11:30 a.m. to 1:30 p.m.

Elgin women participate at convention

Over 300 women thronged to the new one-day London Area Women's Institute 75th annual convention with the theme Women and the Environment at Embro Community Centre on Oct. 12, 1989.

Laurine McIntosh, of St. Mary's, president, welcomed everyone with comments that an anniversary reminded her of cake, candles and wishes. She reminded everyone that we are nine million strong.

Her wish was reminding us that our world is our hertiage, but let us leave this world a better place when we leave. She gave some interesting highlights of her recent attendance of the Associated Women of the World Conference. It was recently held in Kansas City Conference with the theme Partners in Progress. ACWW World President Dr. Ellen McLean quoted "Women are equal to anything."

A number of Elgin County women were elected officers at the conference for the London Area Women's Institute for 1989-90 including: Mrs. Hilde Morden, of Rodney, vice-president; Mrs. Grace Campbell, of Iona Station, program coordinator.

A beautiful blue and gold corsage was given to each past president, secretaries and treasurers from 1960 to 1989 honoring them for their participation in the London area.

President Elect Peggy Knapp for Federated Women's Institute of Ontario brought Margaret Munro's message who is FWIO president. She reminded the group that our handbook is our roadmap and that life can be understood backwards but lived forward. We should be more fixeible but are proud of the members and their initiative who gain courage and confidence from belonging to the Women's Institute.

A workshop for presidents, secretaries and treasurers will be held in January 1990 with two delegates attending from the London area. A manual is being prepared as well. Irene Richardson, past president of London Area was nominated to be a candidate for President Elect for FWIO to which she accepted with an inspiring reply.

Winnie Wilson reported that Lobo Women's Institute donated over 70 articles to the Children's Hospital for Western Ontario and that slippers for ages 1-10, wrapping and tissue paper, conic books, crayons, coloring books, colored chalk, string, etc. were still needed.

The Food and Agriculture Awareness report was given by Gabriel Wills, telling us of a two-day food and energy workshop and the promotion of agriculture with a team of ladies teaching the difference between hay and straw in the classrooms.

Alternate Public Relations Officer Dolores Shapton urged each public relation officer in each branch and district to prepare a budget for public relations and promoted the new project UNSCO Action No. 180 - Women Feed the World, and to please support. Pennies for Friendship with colorful posters.

Curator Jean Ratcliffe asked for clippings of events in our branches and districts and had a life-like display paying tribute to our past. Helen Anderson showed slides of the Erland Lee Home at Stoney Creek and told us that St Pauls Branch had dedicated a water color picutre of the Lee done by a WI daughter in recognition of the work done by Jean Coulthard of St. Pauls branch. Programme Coordinator Grace. Campbell congratulated everyone on the numerous topics and various interesting meetings that had been held in the London area.

Lisa Thompson, ROS for Oxford County, demonstrated Maslow's Hierarchy of Needs and Techniques to Motivate People. Station SMOG, Motherwell Branch, brought live theatre complete with the latest fashions that are harming our environment in a very humorous but realistic

Six essays were entered in the Folklore Competition and the winner was Vickie Grifithe, RR 3, Strathroy, Napier Branch.

Guest speaker, Eleanor Wood, said that women are the backbone of rural and urban areas.

"Life is great, but we have to do something about our environment," she said, adding the quality of life depends on you, so just be yourself and do the best you can. "You can make the difference in the world," she said.

Mayor of Zorra, Wallace Hammond, paid a beautiful tribute to the accomplishments of the Women's Institute. The Sweet Adeline Festival Sound from Milverton and Woodstock area entertained with sweet musical notes.

1990 is the International Literacy Year - A Year for Action. The 1990 76th convention will be held one day, Oct. 11 hosted by Huron West and Huron South Districts.

hedden Women's Institute meeting

Presentation-on Cold Springs Farm

The October meeting of hedden Women's Institute as held at the home of Mrs. Iadeline Parks. The theme f the meeting was "Agriculire" and the roll call "What ou enjoy about farm life as a esident or visitor" was reponded to by 23 members and ne visitor.

The speaker of the evening vas Paul Leatherbarrell of cold Springs Farm of 'hamesford. Through a slide resentation, followed by a hort talk and extensive quesion period, Paul gave a thorugh insight into the complete peration of Cold Springs farm, which was started in 1949 on 100 acres purchased ov a young farmer, Harvey Beaty. This farm is still the neadquarters of the whole operation, a company that today is fully integrated agri business with operations on both sides of the Canada/US border, whose interests include turkey, swine, beef, dairy, meat processing and farm input supply. Annual sales are in excess of \$100 million Cdn. dollars. The company's land base now includes over 17,000 acres in Southern Ontario, Northern Michigan and central Florida. Over 11,000 acres are used for crop production each year. Cold Springs livestock are also based on these same farms, consuming much of the crops produced. There are 550 employees on payroll, which includes carpenters, plumbers, electricians, besides farm managers, farm employees. and an extensive administration staff.

Cold Springs Farm produces over 6 million turkey hatching eggs per year, grows and finishes turkeys and processes more than 13 mil. kilograms of turkey meat annually. Of this, up to one half is in debones form and 2 mil. kilos are directed to export markets. Over 75,000 hogs are produced each year with most of these grown to market weight. Beef cattle are grown and finished in both Ontario and the U.S. Feedlots in Ont. and Michigan accommodate 20,000 head per year. Starter calves are started on Cold Springs pasture in Florida. These cattle are tested and fed in feedlots in Michigan or Ontario and sold on either side of the border. Cold Springs also maintains a herd of high quality Holstein dairy cows. Breeding stock from this enterprise is in demand around the world.

The company is involved in nearly every aspect of crop and livestock production and processing. Feed is grown on Cold Springs farmland and processed in company elevator and feed mill facilities. Crop inputs are supplied by Cold Springs Agri-Services to the integrated farm, as well as to the general farm community. In 1986 a large fertilizer terminal was completed by Cold Springs at Putnam, Ont., which like other Cold Springs facilities was fabricated and built entirely by Cold Springs staff. After extensive discussion and question period, Mr. Leatherbarrell was thanked and presented with a gift of appreciation by Ms. Cathy McNaughton.

During a brief business meeting several committee: reported. The representative to the Welcoming Committee thanked those members who had assisted in distributing the information booklet to new residents to Shedden. A contest was conducted by Mrs Parks with lunch served by the committee. Ms. Mc-Naughton and Mrs. Parks. assisted by Jean Palmer and Lois Oldham. Cheryl Garvin thanked the committee for an interesting and most informative meeting and thanked Mrs. Parks for opening her hor

Upcoming events incl. November 18th, Bethany U.C.W. "Bake Sale with a Twist" at Bethany Church, Shedden, 10 to 12 noon, with crafts by Girl Guides; November 22nd, Noon Luncheon at Wallacetown Hall sponsored by Tyrconnell W.I. with proceeds to Elgin West District.

W.I.

CLUB NEWS

Shedden WI tours grain company

The committee in charge of the program on Canadian Industries, Cheryl Garvin, Connie Silcox and Vera Ballam arranged a tour of Cargill Grain Industries at Paynes Mills for the November meeting of the Shedden Women's Institute.

Shirley Fisher and Bonnie Lackey, office personnel of the company gave a most interesting talk on the operation of the facility. At present the three services of the company grain, seed and fertilizer - are being combined into one service to facilitate office work.

About 90 per cent of the farmers want their figures converted from metric into bushels. From the time the truck is driven on the scales until it is unloaded and the grain is tested for moisture, etc., it takes only about 10 minutes. If the grain needs to be dried it is a much longer process. Corn must test only 15.5 per cent moisture and soy beans test only 14 per cent to be dry.

The grain is handled in one of three ways - sold, stored or contracted. When the storage space is full there are 2.8 million bushels stored at Paynes Mills. As well as these two Times-Journal

Lifestyles

grains, the company also handles wheat, and some rye, oats and barley. Mrs. Silcox thanked the girls for their presentation and presented a token of appreciation from the Insti-

The members adjourned to Bethany United Church in Shedden for the business meeting. Brenda Silcox presided assisted by Connie Silcox. Brenda reported that there were 16 girls from the Shedden 4-H Club, the largest club in the county, at the recent achievement day held in W. S. Morrison School. The age of membership has been lowered to 11 years by January 1, 1990. The Community Outreach program will be held again in the Southwold elementary school on Feb. 24, 1990. Registration is \$15,

including lunch. The secretary has registration forms and anyone interested in attending is urged to register early as this is a very popular program. The area convention will be a one-day meeting as a result of a vote

at this year's convention.

Jean Palmer reported on a recent County Museum meeting and said that the museum is very festive with Christmas decorations being arranged. The annual coffee break will be held on Friday, Dec. 1, from 9:30 a.m. to 11 a.m. and the Christmas Eve celebrations will be held on Thursday Dec. 7 from 7 p.m. to 10 p.m. The tickets can be obtained from the secretary. There will be carol singing with Bety Vicary at the piano. This will be a come-and-go affair and refreshments will be served.

A donation was made to the museum and also to the Daffodil Auxiliary and to the Children's Hospital. Ilene Orchard reported several cards have been sent and Madeline Parks reported that the Elgin Manor Auxiliary will be hosting a tea for the residents and their families on Tuesday, Dec. 5 from 2 p.m. to 4 p.m. and the annual Christmas party will be held on Wednesday, Dec. 13 complete with Santa Claus with gifts and favors for all the residents.

The committee served a delicious lunch and a social time was much enjoyed by all. The next meting will be held in Bethany Church on Wednesday Dec. 20 at 8 p.m. This meeting will be under the charge of Beth Vicary, Margaret Turner and Eleanor Brown. Gifts for the Christmas Care and the Caring Cupboard will be part of the roll call.

Shedden W. I. honours members with 25-30 years service

Two happy and memorable events highlighted the Christmas meeting of the Shedden W.I. Following a brief business meeting, Mrs. Madeline Parks called Mrs. Margaret Turner before the members to honour Margaret on her twenty-five year membership with Shedden W.I. Madeline gave a brief verbal history of Margaret's 25 years of dedicated service, both at the Branch and at the District levels of W.I., mentioning Margaret's tenure at Curator, of the Tweedsmuir History and several years as president of the Branch. Madeline presented Margaret with a written resume of her 25 years' service, after which Mrs. Jean Palmer presented Margaret with her 25-year badge and Mrs. Maxine Silcox made the presentation of the 25-year certificate.

The second highlight was the presentation of the Award of Merit Certificate for 30 years of outstanding service to Mrs. Jean Palmer, the tribute being given by Mrs. Beth Vicary.

Mrs. Parks reminded everyone that with Margaret's Life
Membership, Shedden W.I.
now has a total of 18 Life
Members since its inception
in 1913. Such tributes to two
such loyal and dedicated
members for so many years of
devoted service gives all renewed vigour and dedication
and makes one contemplate
what a privilege it is to be a
part of Women's Institutes of
Ontario and of Canada.

numbers, it was agreed that members are ready for the philharmonic - any philharmonic. Not bad after only two concerts a year apart! But then, for an organization that can change old laws and have new laws passed for the country, such a fete is hardly surprising. After a sing-song of Christmas carols led by Beth with Kaye at the piano, Margaret conducted a Christmas contest which provided much mirth.

A lunch of Christmas "goodies" was served by Beth and her committee, Margaret Turner and Eleanor Brown, complete with a lovely Christmas centrepiece for the table. The meeting was then turned over to the Convenor, Mrs. Beth Vicary. "And the drums go bang, the cymbals clang, and the bells softly tinkle." So it was, as the Shedden W.I. gave its 2nd annual presentation of the Rhythm Band with all members participating, under the baton of Kaye Chamberlain with Beth Vicary at the piano. After sight-reading several

Practising respiratory therapist visits Shedden Women's Institute meeting

The resolutions meeting of Shedden Women's Institute had as its motto, ideas are funny things — they don't work unless you do.

President Brenda Silcox opened the meeting with the Institue Ode and the Mary Stewart Collect and read a

short thought for the day.

Roll call, a good way to start the day, brought smiles and thought-provoking responses. Secretary Connie Silcox read correspondence including a letter from FWIO president enclosing the first news bulletin for 1990. An invitation was received to Conference 90 to be held June 1-3 at Carleton University, Ottawa with the theme women and the environment.

A 1990 calendar published by Womens' Institutes of England and loaned to us by Louise Collard, of Frome, who received it as a Christmas greeting from a friend in England, was passed for perusal. The calendar depicted local scenery taken by members of various branches with recipes on the reverse. Carol Gordon reported on the winter picnic making special mention of the entertaining skits presented by attending branches.

Lois Oldham, convenor of the meeting, made a few comments on methods for presentation of resolutions to government. She then introduced the guest speaker, Sandra Annett, of St. Thomas and a former resident of Shedden during her school years. Sandra is a respiratory therapist with a private home respiratory service, and was formerly 12 years in her profession with Victoria Hospital, London, seven of which she was chief of the respitatory unit.

Sandra explained the prerequisite

Times-Journal January 1990 Lifestyles

education of the high school advanced certificate (formerly Grade 13) with concentration on maths and sciences, followed by a two or three-year course offered by 12 community colleges across Canada, four of which are in Ontario. Part of the course is given within the college proper and the remainder is clinical internship rotations with major teaching hospitals.

Graduates from programs must complete a nation-wide examination to obtain registry with the national body, The Canadian Society of Respiratory Therapists. Once registered, the therapist qualifies to practice anywhere in Canada and in 1988, an agreement was reached with the United States for full reciprocity.

Mrs. Annett went on to explain the many varied duties and responsibilities of the respiratory therapist in the hospital setting, clinical practice, emergency room, intensive care and with the operating room. In some of the larger hospitals therapists are members of teams which retrieve critically ill patients from peripheral hospitals and transport them via land or air to tertiary care hospitals.

In the home care setting the therapist is a member of the home health care team consisting of nurses, physiotherapists, nutritionists, occupational therapists and homemakers assisting the patient and family.

Because of their highly specialized skills within the cardiopulmonary system and hence all body systems, the respiratory therapist is becoming a favored choice in the research field. Within the teaching setting experienced respiratory therapists are the actual teachers being hired to train students.

Mrs. Annett concluded her presentation by commending the professionally and personally exciting rewards to be realized in her field.

After responding to questions from the floor, Mrs. Annett was thanked and presented with a gift by Margaret Turner.

Following an amusing contest given by Pauline Silcox, a sit-down lunch was enjoyed, served by the committee assisted by several members.

Work trip to restore Jamaica highlighted at Shedden meeting

Shedden Women's Institute entertained 60 people including family and friends at a potluck supper for the February meeting. Brenda Silcox welcomed members and guests and the Institute Grace was sung.

Following supper Currie and Murray Silcox gave a narrative and slide presentation of their work trip to Jamaica in January. This was a totally self-financed venture to repair and build that which was damaged as a result of the hurricane which ravaged Jamaica in 1988. It was a follow up trip to the work crew which was organized by the Canadian Baptist Federation and carried out in January 1989. Murray was on the January 1989 work crew.

Upon arrival in Kingston, Jamaica they were pined by three natives who had assisted on the 1989 crew, travelling approxiamtely 37 miles into the interior in Jeeps laden high with lug-

gage and tools.

The crews worked in six teams of eight men each, living in tents for the three weeks. The crews did extensive repairs on existing homes and completely built two new dwellings. The women, one of whom was a registered nurse, went into schools and taught first aid, performed puppet shows along with other learning experiences led in music and in general provided the lighter side of life to native children.

A fun day was put on by the crews for the 300 children participating in games and contests complete with prizes and treats. The evening before their departure the Canadians were feted by no less than 500 native Jamaicans who gathered to extend their appreciation to the crews. This gala was held in a church on Mt. Nebo on which Murray had been on the crew which rebuilt the whole upper part of the building in his 1989 trip. Currie and Murray emphasized the sincere appreciation of the Jamaicans.

During the business meeting Dora McArthur reported on Tweedsmuir Book. Jean Palmer gave the museum report. The district annual will be hosted by Shedden W.I. on May 16. The nominating committee consists of Mrs. Palmer, Connie Silcox and Cheryl Garvin.

The motto for this family and consumer affairs meeting was support Canada whenever possible, buy Canadian whenever possible with the timely roll call, name a way to save

money on your grocery bill.

Next meeting will be a court whist party at Pat Williams home with roll acArthur also told members call to bring an unwrapped itend sailbooklet which will include 100 columns from the Janet Columns will able for a private auction.

be completed soon. These columns were written by the late Janet McIntyre and were printed in the St. Thomas Times-Journal in the Saturday edition. Mrs. Steve Garvin reported for the nominating comittee and thanked members for accepting new positions. A planning meeting will be held at the home of Mrs. Gordon on April 10 at 7:30 p.m. The members then spent the evening playing court whist and it concluded with a silent auction prepared by the committee. Members enjoyed the fellowship that followed the lunch prepared by Ina Ross, Jean Vine and Mrs. Palmer.

The next meeting will be on April 25 at the Bethany United Church. The host will be Mrs. McArthur and the district officers have been invited to attend.

Shedden group to host May mak **District Annua** WI meeting

The March meeting of the Shedde Women's Institute was held at th home of Mrs. Len Palmer on Marc 28 with president Mrs. Murray Silco presiding. She welcomed 20 men bers and one visitor who sang the II stitute Ode and repeated the Mar Stewart Collect. All member brought an article for a silent auctio and stated their favorite sprin flower in answer to the roll call.

The minutes of the February mee ing were read and approved, fo lowed by the correspondence. An it vitation was extended to the Shedde members to attend the Kensingto Tea on May 2 at 7 p.m. at Lawrenc Hall. Members of the West Elgin Dis trict will be entertaining 33 member of the Yorkshire WI who are tourin

parts of Ontario.

A supper will be held at Wallace town Hall on May 10 at 5:30 p.m. Al are welcome to attend and may con tact Mary Gow before April 27.

The English visitors will be enter tained on Friday, May 11 by mem bers and will be leaving the area of Saturday, May 12.

Shedden WI will host this year' District Annual on May 16 at p.m. in the Shedden Bethany chu

A committee has been chosen and members will be contacted for their assistance. Madeline Parks reporter 15 new residents in Elgin Manor and Ilene Orchard reported for the re membrance committee. Mrs. Rot Gordon told of new families moving into the community through the wel coming committee. New families are presented with a booklet which sup plies many facts about the commu nity. Mrs. Malcom McArthur re ported volume one of Tweedsmuir Book was complete and placed in the Shedden library and anyone is invited to view it. Volume II will be completed in the near future. Thanks went to Mrs. MacAr thur for her many hours of dedication put into the completion of the Tweedsmir Book.

Shedden woman plan two bus trips

West Elgin district officers, Sally McIntyre, Edith Auckland, Dorothea Jewell and Willa Johnson were guests at the April meeting of the Shedden Women's Institute.

er welcoming the guests, president, Brenda Silcox read a poem from Hugh Sims book, Dear Old Shedden. The roll call was answered by relating a special event from Shedden's past. Pat Palmer, Eileen Orchard and Margaret Turner volunteered to work in Elgin Manor tuck shop on May 14. Madeline Parks gave the Elgin Manor report. Jean Palmer gave the museum report and the rally report. There are two bus trips planned this summer to Grand Bend theatre, the first on June 27 to see Ten Little Indians, and on August 17 to Annie Get Your Gun. Anyone interested, please contact Mary Gow.

The museum Strawberry Social will be held Wednesday, June 20 at 10 a.m.

Mrs. J. Palmer and Mrs. P. Palmer will attend the dinner in Wallacetown to welcome the English Institute exchange visitors. They also entertained the visitors on May 12.

The secretary's annual report was read by Barbara Botden, in the absence of secretary Connie Silcox. The treasurer's annual report was read by Pauline Silcox. President Mr B Silcox said a few words of all and welcomed incoming president, Cheryl Garvin, who read the new slate of officers.

Mrs. Parks installed the 1990/91 officers as follows: president — Mrs. B. Silcox; first vice-president — Lois Oldham; second vice-president — Mrs. Botden; secretary — Mrs. C Silcox; treasurer — Mrs. P. Silcox; district director — Mrs. B. Silcox; alternates — Mrs. P. Palmer, Carol Gordon; branch directors — Maxine Silcox, Jean Vine, Ruth Hunter; P.R.O. — Mrs. B. Silcox and Lois Oldham; remembrance — Mrs. Orchard; assistant — Ina Ross; pianist — Kaye

Chamberlain; assistant — Beth Vicary; Tweedsmuir history curator — Dora McArthur; representative to Elgin Manor auxiliary — Mrs. Parks; program co-ordinator —Mrs., Gordon; welcoming committee convenor — Mrs. Gordon; auditors — Margaret Carder, Mrs. P. Silcox.

Tweedsmuir curator, Mrs. McArthur gave the origin and history of the Tweedsmuir book and had on display volumes I and II, which are now in the Shedden Public Library for viewing. She also displayed several sources of information used for material in the books and explained the method of compilation of the material, and told of her plans for her coming term as curator. She was thanked for her talk and the displays and was commended for the amount of effort she has put into the compilation of the books. It is hoped everyone will take some time to view these volumes at Shedden Library.

A contest was given by Mrs. Car-

der and a lunch prepared by the committee was enjoyed. The guests were thanked for their attendance and Mrs. Auckland thanked the Shedden W.I. for the very enjoyable and informative meeting.

Shedden women tour farm May 1990

On Wednesday May 23, 24 members and two visitors spent the afternoon touring Anderson's Farm. Raymond Carroll, who is employed by Andersons, led the guests through various barns and fields. Members learned many things by listening to Mr. Carroll as they strolled through the pasture on a beautiful afternoon. Thanks was given to Mr. Carroll by Connie Silcox, hostess for the May meeting.

Members returned to Bethany United Church, where they conducted their business meeting. Newly appointed president, Cheryl Garvin, opened with a comical reading entitled, Down on the Farm. The roll call was answered by naming a famous horse.

An invitation was extended from the St. Thomas-Elgin General Hospital to attend the official opening held June 1.

Members voted to attend a workshop on Landscape which is being offered through London area.

Dora McArthur updated members on her work on the Janet Columns and a committee was chosen to help make final arrangements.

Reports were given regarding the District Annual, the English visitors and the 4H Club.

The Strawberry Social will be held at the Elgin County Pioneer Museum on June 20.

Lunch was served by the hostess Mrs. McArthur and her committee, Viola Howe and Margaret Campbell and a time of fellowship followed.

Amnesty International informs Shedden women

Representing the St.Thomas group of Amnesty International, Laurie Milford spoke at the November meeting of the Shedden Women's Institute.

Amnesty International collects reports of human rights violators from all over the world. They then contact the government concerned and ask officials to make sure the victims' rights are protected. In St.Thomas, the group writes letters on behalf of prisoners who are in immediate danger of being tortured or executed.

Amnesty International has more than 700,000 members and subscribers in over 150 countries ans territories of the world. Margaret Turner thanked the speaker and presented her with a gift of appreciation.

Nineteen members answered the roll call "tell an anecdote about writing a letter to a Pen Pal, friend, or a cause you believe in." Donations were made to the Children's Hospital in London, USC, the Daffodil Auxillary, London Area Commemorative Plate Fund and the Elgin County Pioneer Museum.

Elgin Manor Representative, Madeline Parks, reported that the Elgin Manor Christmas Party will be held on Dec. 11. Each resident receives a gift and Santa Claus (even though his schedule is hectic) will be able to come. The Manor now has a chaplain, Rev. Carver.

Jean Palmer reported that the Elgin County Pioneer Museum coffee break will be held on Dec. 7 from 9:30 11:30. Also, "Yester-years Christmas" will be celebrated on Wednesday, Dec. 12 from 7:30 p.m. to 10 p.m. at the museum. Tickets are \$3.00. Everyone is encouraged to drop in to the museum, as it is decorated in an old-fashioned Victorian "flavor" for the Christmas season.

Tweedsmuir History curator, Dora McAuthur,informed us that over 100 of the "Janet" books have been sold. She also took us back to Noyember 1910 when the Shedden Basket Factory was in the news. There was a Scotch concert held at Lawrence Station, and wheat sold at .80¢ per bushel

Thanks were expressed by Pat Palmer to the convenor Carol Gordon and her committee for an enjoyable evening. The next meeting will be held at the home of Jean Palmer on December 19, at 8pm. A basket of grocery or miscellaneous items will be collected for Christmas Care.

Shedden women's group tours Palmer's store

Do you know what the butter fat percentage is in a brick of cheese? What kind of oil is in the last tub of margarine you purchased? Do you think peanut butter is good for you? These questions and many more were answered by Doreen Wilson, nutritionist with the St. Thomas Elgin General Hospital, at the recent meeting of the Shedden Women's Institute.

Members enjoyed a walking tour and commentary conducted by Mrs. Wilson of Palmer's store in Shedden. She aptly pointed out different grocery items and explained their contents from a nutritionists' point of view.

After the tour, the meeting was held at Bethany United Church. A copy of the Tweedsmuir book has been placed in the Shedden library and all are invited to browse through it. The Janet Columns by the late Mary Jane McIntyre, have been compiled and are available for \$15 a book. They may be purchased in Shedden at the

Village Pantry Boutique or Palmer's store. A copy has been placed at the library.

Through the Butler Project, pictures of farm animals will soon be placed in all schools in Ontario. A discussion was held in regard to the Home and Country magazine which no longer will be funded by Ontario Ministry of Agriculture and Food.

Connie Silcox and Brenda Silcox will take the training for the short course on landscaping. This information will then be taught to interested members and friends in the community.

A donation was made to the Southwold Tornado Relief Fund. The next 4-H Club will be fun and witness led by Wanda Schram and Diane Uitvlugt.











Curator's Workshop I weedsmui

trude Sloan.

Women's Institutes in London Area held their annual Workshop on Tuesday, August 14th, with an attendance of eightyfive, at the Thorndale Community Centre.

Tweedsmuir Curators of the

Middlesex East acted as hostess, looking after registration and serving muffins and beverages in the morning and during the bag lunch hour at noon.

Mrs. Jean Ratcliffe, president of London Area Curators, opened the meeting at 10:30 a.m. with the Institute Ode, Mary Stewart Collect and

Greetings were brought by the London Area President Mrs. Laurine McIntosh - the Area Convention will be held October 11th at Exeter; also by the Alternate Provincial

O'Canada.

Board Director, Mrs. Mary Reilly; the President of East Middlesex District, Mrs. Dorothy Sutherland, and from the host branch, Thorndale, Mrs. Jean Walker.

Minutes of last year's workshop and the treasurer's report were given by Mrs. Ger-

Next year's workshop will be held on August 13th, in

Middlesex West. Mrs. William McMartin

introduced the morning speaker, Glen Stott of Arkona, teacher at Delaware School. He has published books on

local history. His talk was "Traces" - Canada is a unique

country. He mentioned the Donnelleys of Lucan; Melbourne Bank Robbery, change in Transportation and Com-

munication; five different designs of Architecture in Ontario - Georgian and Scottish Landlord Style, British

Military Style, Peasant Style and Ontario Style. He displayed several books on history. Try to preserve the history of the family farm which

was an important way of life

and is slowly disappearing.

Mrs. Wallace Laidlaw thanked the speaker. During the lunch hour, the ladies enjoyed several displays, the Tweedsmuir books

and House Logs. A contest was held on the antique iron articles in one display.

The afternoon speakers were from the Middlesex Historical Society. Mr. Don Whetstone showed slides and Mr. Derek

Newton gave the commentary. Slides included old buildings in Southwestern Ontario such as Springbank Park, Western Fair, schools, churches, bridges, famous homes, railway stations, theatres, hotels, Port Stanley Lift Bridge, Incline Railway, Story Club and many more. The speakers were introudced by Mrs. Doris Strawhorn and thanked by

afternoon speakers were presented with a gift of money.

Mrs. Beth Wills. Morning and

Roll call was responded to by the curator from each dis-

Each person displaying a house log received a looney dollar.

trict.

Courtesies were given by Jean Ratcliffe and the meet-

ing closed with the "Queen." Those attending from West Elgin were Mrs. Shirley Walker, Mrs. Minnie Livingstone, Mrs. Emma Pyatt, Mrs. Dora McArthur, Mrs. Edith Auckland and Mrs. Gertrude Sloan.

Club News

Shedden WI remembers wedding

Members of the Shedden Women's Institute met at the home of Jean Palmer for their December meeting. The president, Cheryl Garvin, opened the meeting with the Institute Ode and Mary Stewart Collect.

Sixteen members answered the roll call: Tell about or bring a Christmas ornament of senti-

mental value.

Secretary Connie Silcox read the correspondence and stated that 4-H girls and boys can now join at the age of 10 years.

Pauline Silcox gave her treasurer's report and it was decided to once again sponsor a community in Haiti through Save the Children.

Volunteers to work in the tuck shop at Elgin Manor are Jean Palmer, Brenda Silcox, Pauline Silcox and Margaret Campbell.

For her December "history lesson", Tweedsmuir history curator Dora McArthur took members back to Dec. 21, 1910, when there was a "pretty wedding in Shedden". Mary B. Currie and M.D. McCormick were married. They had three daughters: Madeline McLaughlin, Maxine Silcox and Grace Blewett. Maxine Silcox and her husband Clayton Silcox still reside on the family farm on Gore Road today.

Emily Finch of Fingal was the guest speaker for the evening. She is currently working at the St. Thomas library, however she has some classes at the Shedden library. She is responsible for arranging and/or leading classes at thye Shedden library, such as Babytime, Tales for Twos, Preschool Storytime and After School Fun. She also has craft classes for all ages. Everyone tried their hand at making a "Peppermint Pony" which they took home to place on their tree. Mrs. Finch then played her auto harp.

Thanks were expressed to Jean Palmer and Beth Vicary for planning the evening.

Shedden W.I. learns about bird habitat

The Canadian Industries meeting of Shedden Women's Institute had as its motto "Look at the label, if it's not Canadian made, think twice!" The roll call -What's your beef about produce packaging?, brought many varied and interesting responses.

Several thank you letters were read. A letter from OMAF advised of slide presentations, etc., available for programming. A reply form was completed for Adult Leaders' Training School suggesting topics for future courses. The F.W.I. C. convention is in Victoria, B.C., in July.

Pat Palmer and Karen Lynch will lead the first 4-H Club for 10 and 11-year-olds, entitled "Explore 4-H", com-

mencing this month.

Convenor Lois Oldham read two amusing quotations and introduced the speaker, Mr. Lorne Spicer of Shedden. Mr. Spicer is well known for his photography of birds and his knowledge of their habitat and showed some interesting slides of winter birds attracted by his home feeders and gave suggestions and materials for various types of home feeders. His informal commentary encouraged questions which he answered with expertise and much patience. Jean Vine thanked Mr. Spicer and presented him with a gift of appreciation.

A social hour over lunch was enjoyed and Secretary Connie Silcox thanked the committee of Lois Oldham, Jean Vine and Carol Gordon for their eve-

ning.

The next meeting will be at the home of Mrs. Pat Palmer on February 27th with Mrs. Peggy Lehrbass as guest speaker.

Shedden W.I. sponsors 4-H clubs

Mrs. Peggy Lehrbass was he guest speaker at the Febuary meeting of the Shedden Vomen's Institute. She is ecretary to the Honourable alph Ferguson who is the fember of Parliament for ambton-Middlesex. Peggy iformed us that if you have ny Federal problem you can o to your MP's office for assisance. Information and pamhlets are available from this ffice as well, including these ubjects: environmental isues, external affairs, passorts, Revenue Canada, Caadian citizenship, veteran ffairs, and subjects dealing She was ith farming. hanked by Maxine Silcox and resented a gift of apprecia-

President, Cheryl Garvin, pened the meeting with the nstitute Ode and Mary Stevart Collect. Twenty-one adies answered the roll call, What law would you like hanged." A variety of reponses were given including ightening the strings of unmployment, recycling, Sunay shopping, the young ofenders act, and censorship

Shedden W.I. is pleased to

sponsor two 4-H clubs. Shedden No. 1 - Leaders Wanda Schram and Dianne Uitvlugt. They are leading the older 4-H members and their club is "A Greener House." Shedden No. 2 - Leaders Pat Palmer and Karen Lynch. They are leading the beginning club "Explore 4-H", as members can now join at the age of 10.

Pauline Silcox gave the treasurers report with donations going to the 4-H clubs and the Elgin County Pioneer Museum.

Bertha Vickerman is now the president of the Elgin County Pioneer Museum and Dolly Field is the secretary. Yearly memberships to the museum are \$5.00 plus 35¢ G.S.T. There are still some Heritage Cookbooks available at \$6.00 each.

The Exeter quilt show will be held on Saturday, April 6th and Sunday, April 7th from 12 to 5:00 p.m. Admission is \$3.00.

Volunteering to go on the nominating committee were Pat Palmer, Dora McArthur and Connie Silcox. Tuck Shop volunteers at the Elgin Manor for March are Margaret Turner, Jean Palmer, Kelly Palmer and Carol Gordon.

The craft club at the Shedden Library will meet on Monday, March 25th at 7 p.m. Anyone age 12 to 95 is welcome to attend. Pre-register at the library. Cost is \$2.00 and please bring a sharp pair of scissors.

Carol Gordon, welcoming committee member, reported that Ray and Patricia Schram have moved into the village.

Barbara Botden informed us that March is nutrition month and brought to our attention the "Lighthearted Everyday which is recommended by the Heart and Stroke Foundation of Canada.

Tweedsmuir History Curator, Dora McArthur, had for our history lesson excerpts from the book "50 Years of Achievement," which was published in 1948 to celebrate 50 years of the Women's Institute. In 1947, 12,000 members celebrated the event at the Guelph Agricultural College. In this book there was a picture of a Shedden 4-H clothing club with our late life member Mary Ayling as one of the leaders. Also brought to our attention was the International Peace Gardens which was opened in July 14, 1932. It covers a span of 2,200 acres - 1,300 acres are in Manitoba and 900 acres in North Dakota. In 1933, Women's Institutes from each province and territories in Canada placed plants in a one acre plot each. In 1935 a sun dial was placed in the centre of this plot. The motto of the Peace Gardens is "not to take up arms against one another." The Peace Gardens still boasts of many

visitors and is a popular tourist attraction.

Margaret Carder presented two thought provoking contest using the word "heart." Barbara Botden thanked the hostess Mrs. Pat Palmer and her committee for an enjoyable evening.

Next meeting will be on March 27th at 8 p.m. at the home of Brenda Silcox with Kathy Humphries from "Kathy's New Look" as guest speaker.

Learning the tricks 1991 of perfect coloring

Kathy Humphries, from Kathy's New Look in St. Thomas counselled members on correct coloring at the Cookbook" by Anne Lindsay " April meeting of the Shedden Women's Institute.

President Cheryl Garvin openec the meeting with the Institute Ode and Mary Stuart Collect. As the guest speaker, Kathy encouraged members to give themselves a "lift".

especially since spring has sprung. She suggested highlighting or coloring one's hair, or simply changing one's hairstyle a bit. Kathy told us about skin care and it's importance and how good posture and well-chosen colors give a person self-c dence.

She demonstrated various tricks to make scarf-tying easier and mentioned that other accessories and scarf clips could be used to change the look of an outfit. Kathy also showed us several styles of lace colors which have become very popular and will enhance your wardrobe. She was thanked by Jean Palmer and given a gift of appreciation.

The Ontario Agriculture Museum in Milton, Ont., has the Canada Packers Quilt on display. "Country Quilt Fest'91" is to be held at the museum

from August 9 to 11.

An invitation was received from the Kensington Club to attend their dessert tea and bake sale on Wednes-

day, May 1 at 7 p.m.

Carol Gordon reported from the District meeting. June 1991 is Women's Institute Month. The Federated Women's Institute of Canada Convention will be held in Victoria, B.C. from July 11 to 15, 1991. The W.I. recyclable blue bags are still available at \$10 each. The District Annual will take place May 15 at Fingal United Church with Boxall as the hostess branch.

Tweedsmuir History Curator F McArthur read the Janet Colu "The Road Farm". It told of the construction of Union Road from Shedden to the 401 and of the "good spring well" left outside the fence, which is still drawn from today. To date, 120 Janet books have been sold and there are still some available.

I return to whomatte